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Better Together: Because You're Not Meant To Mom Alone



Synopsis

Being a mom is hard, but it doesn't have to be lonely. Are you trying to do this mothering thing alone? So focused on the kids that you're hungry for friendships of your own? Have good friendships, but you want to enjoy them more? Jill Savage, mother of five, knows those challenges well, and she's here to help. Presenting a compelling vision of motherhood as a group effort, *Better Together* shows how you can: Combat isolation and enjoy a supportive mothering community Increase your social confidence and stop the comparison game Deepen your friendships as you share life with others Strengthen trust and build friendships without fear Increase your joy and thrive as a mom All these things are possible. Dive into this storehouse of creative ideas for how to make mothering easier, richer, and more fun than you ever thought it could be.

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Customer Reviews

Being a mom is hard, but it doesn't have to be lonely. Are you trying to do this mothering thing alone? So focused on the kids that you're hungry for friendships of your own? Have great friendships that you want to make even better? Jill Savage, mother of five, knows those challenges well, and she's here to help. Presenting a compelling vision of motherhood as a group effort among friends, *Better Together* shows how you can: Combat isolation and enjoy a supportive mothering community Increase your social confidence and stop the comparison game Deepen your friendships as you share life with others Strengthen trust and build friendships without fear Increase your joy and thrive as a mom All these things are possible. Dive into this storehouse

of creative ideas for how to make mothering easier, richer, and more fun than you ever imagined!

JILL SAVAGE is an author and speaker who is passionate about encouraging families. She is the author of nine books including *Professionalizing Motherhood*, *My Hearts At Home*, *Real Moms...Real Jesus*, *Living With Less So Your Family Has More*, and her most recent bestselling release *No More Perfect Moms*. Featured on Focus on the Family, Crosswalk.com, and as the host of the Heartbeat radio program, Jill is the founder and director of Hearts at Home, an organization that encourages moms. Jill and her husband, Mark, have five children, two who are married, two granddaughters, and one grandson. They make their home in Normal, Illinois.

Do you ever look at the group of moms at the park and wonder how they connected? If the answer is yes, this book is for you. Jill and Anne share heartfelt stories of why mommy friendships are so important. I loved that the book was not only encouraging but gave you real suggestions of how to make friends. I found the Mothering Personality Inventory extremely helpful, not only for me to figure out why I act the way I do but also why my friends act the way they do. It is a great tool to see how your friends needs match up to your own needs. Each chapter ends with a challenge for you to complete. I love that it doesn't just give you suggestions on how to make and be a better friend but gives you a real life example you could do today. She also gave examples of different kinds of friendships. I have always heard the expression, friend for a season, a reason, and life. Jill really expounds upon this saying. It was encouraging to know that not all friends will be my BFF and that's ok. We are truly not meant to do this alone. Sharing our struggles and triumphs in parenting with real people and finding your tribe can be hard but it is so worth it. I highly recommend this book to all moms regardless of what season of life you are in!

Better Together is a great book and while it is geared towards those on the mothering journey, it truly can be applied to any woman. No matter what stage we are in, we all are "Better Together". Jill and daughter Anne do a great job of helping us to realize this. We are not meant to do this life alone. While most of us are "connected" via social media, are we really connected? There is a big difference between hitting a like button and actually going in the trenches with our friends when they are facing a tough time. We don't realize how important it is to just be there, to deliver a meal, to offer support. Not only when things are tough, but just to say "you are not alone!". The quizzes in this book are fun also! Each chapter ends with a little challenge to put what you have learned into action. And, through it all, while doing for others is important, Jill and Anne also stress that it is

important to ask for help and accept offered help graciously. I recommend this book to all moms, what a wonderful shower gift (even for a bridal shower).

There were so many reasons why I enjoyed this book. First, the book gave practical advice on how to begin and maintain friendships. It also discussed the importance of having a tribe of women that you "mom" together with, giving you the support to know that you are not alone. After reading this book, I felt like I had permission to be the real me with dirty dishes in the sink and a load of laundry across the couch, and that it was OK! We all need to embrace one another on the journey of friendship and parenting. Moms who are at any stage of mothering will benefit from reading this book. I also appreciated that each chapter ended with things to think about and a friendship assignment.

I have absolutely loved reading this book and have found so many affirmations and helpful hints. One of the biggest themes throughout the book is that "we are not alone" no one has to do any part of being a mother alone. Yes we have our husband but having our "tribe" is just as important and sometimes more. Finding your tribe and understanding each other's gifts is important in building meaningful friendship that are always Better Together. Jill Savage has done it again with her insight and teamed up with her daughter to help reach the next generation.

Better Together is a fantastic book discussing the different types of friendships. Jill and Anne give great advice on how to enhance your friendships, and make new friends as well. The book is encouraging and uplifting, and an easy read. I read this as part of a book study with 5 other women and it provided for great discussion as well. We didn't all know each other before the book club and we were able to connect and share and all really enjoyed the study and time together. This book provided the groundwork for that.

This book is a must read for moms at any stage. Forging friendships with other moms can be tough and confusing because all of our parenting styles are so different! Jill and Anne break it down for you chapter by chapter, giving encouragement, relating real life situations, and really driving home the fact that we aren't meant to mom alone. I am encouraged to be a better friend, ask for help when I really need it, and overall to be there for my friends no matter what stage of parenting they are in. It is so refreshing to know that I am not alone.

I loved this book. I have a great "tribe" of mommy friends and this book helped to give me ideas to be a better friend. It also reminded me to keep my circle broken to allow others in. The book offers a quiz to find out what kind of mom you are and how you can better relate to those who are different than you. And most importantly, this book reminds us that we all have challenges and sometimes our past experiences can help others. If you're a mom, no matter what season you're in, you should read this book.

Better Together is a modern mom's guide to friendship and all its joys and challenges. Jill and Anne lead moms through discovering their own individual mom style, how to related to and support other moms on their journey and how faith can guide these interactions. I highly recommend Better Together for moms who have struggled to made deep connections with other moms. Quite honestly though, it is a book ANY mom can relate to and learn from. Fantastic!!

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